



CAMP INSTRUCTOR HIGHLIGHT



Look for our Instructor Highlights each week until Summer Camp begins where we feature one coach or instructor who leads one (or many) of our offerings. We think our camp instructors and coaches are the best and we want you to know them just as well. This week is...

Daphne Connor

Lacrosse Camp June 4th - 8th



“Lacrosse can help prepare girls for life by promoting discipline, hard work and teamwork. Best of all, you can accomplish these while having a lot of FUN!”

-Daphne Connor

BIO:

Daphne Connor is the Head Coach of Girls Lacrosse at St. David’s School. She grew up in suburban Philadelphia, where she learned the game from an early age and enjoyed playing on her middle school and high school teams. She studied sociology at Trinity College in Connecticut, where she played on both the Varsity tennis and lacrosse teams. When playing lacrosse, she was primarily a defender and loved it! After graduating, she went to New York City to work for Goldman Sachs, but still found time to coach lacrosse at Brearley School. After working in New York and Boston, she returned to suburban Philadelphia and coached lacrosse and worked at the Agnes Irwin School in Rosemont, PA. This is her second year as Head Coach at St. David’s. Daphne is passionate about growing the game in Raleigh and teaching the fundamentals in a relaxed yet motivating way. Don’t worry if you know nothing about lacrosse, it’s not all lacrosse, we make time for fun games and arts and craft activities! See you on the field!

More Girl’s Lacrosse information can be found on our website. Calendars, details and sign-ups are waiting for you there. Be sure to view all our offerings as you will receive an automatic 10% discount when you book four or more camps at once. Early-bird discount prices end May 1st, too, so hurry to snag your spot.

Details and registration: sds.org/camps
Questions? kkoslowsky@sds.org

